

# The Future of Sleep Medicine: Leadership and Mentoring

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Teofilo Lee-Chiong MD  
Professor of Medicine  
Chief, Division of Sleep Medicine  
National Jewish Health  
Denver, Colorado

# Disclosure

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- Grant Support:
  - National Institutes of Health
- Consultant
  - Elsevier
- Research
  - Embla, Respironics

# Shift from Laboratory Polysomnography to Portable Sleep Studies

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# Falling Reimbursements for Sleep Services

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# Rising Disparity in Availability and Access to Sleep Services

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# Automation of Polysomnography

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# Common Platform Polygraph

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# Increase Collaboration Between Device Makers and Sleep Clinicians

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# Outsourcing of Polysomnographic Services

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# Creation of Full Service Sleep Centers

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# Leveling Off of Number of Sleep Medicine Clinicians

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# The Primary Care Physician as Sleep Specialist

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# Rise of the Sleep Superspecialist

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# Cross-discipline Sleep Specialties

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# The Adaptable Sleep Specialist

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# Return of the Ph.D. Sleep Specialist

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# Era of Litigation

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# Quality Control and Performance Measures

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# Changing Paradigm of Sleep Research

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# Phenotyping of Sleep Apnea

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# Back to the Brain

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# The Child as More Than Just a Small Adult

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# Expanding Role of the Sleep Technologist

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# Changing Emphasis in the Education of the Sleep Technologist

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# Greater Need for Advocacy

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# Need for New Leaders and Mentors

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